

Retired teachers want in on schools' health package

By Raymond T. DeMeo
Herald Reporter

A group of Manchester school teachers who retired before the Board of Education began offering free health insurance benefits are seeking to be included in the board's group insurance plan. Ethel Robb, who retired in 1970 as principal of Wadell School, told the Board of Education Monday night her health insurance premiums would be cut in half if she were allowed to pay for coverage at the board's discounted rate. Miss Robb told the board she was representing 17 Manchester teachers who retired before 1972, the year the board approved a contract clause offering free health insurance benefits to its retirees. She and the other teachers are covered under an old teachers' retirement plan for which rates have "gone up tremendously. It has put a great burden on us," she said.

MISS ROBB SAID she pays \$98 a month for health insurance under her present plan. "I could save

almost \$50 a month with the (board's) group plan, and it's a better plan," she said. "Had we known the board was going to cover our expenses (after 1972) we probably would have stayed on a few more years," she said.

Under the plan she has discussed with school administration representatives, the teachers would pay their own premiums for Blue Shield, Blue Cross and major medical coverage, but at the discounted rate for which the board is eligible under its group policy.

Only five of the retired teachers, including Miss Robb, are not covered by Medicare and hence need the entire health insurance package. The other 12 just want major medical coverage, according to Wilson E. Deakin Jr., assistant superintendent for personnel and administration.

Getting the 12 covered wouldn't affect the board's insurance premiums. Providing coverage to the other five could affect premiums, if that group ran up large medical bills, Deakin said. Deakin said any effect on premi-

ums would be small, however, since the number added to the group plan is insignificant compared to the number of town and school employees on the plan now, about 1,900. "It's a risk, but we feel it's a minimum risk," he said.

SCHOOL BOARD chairman Leonard E. Seader said he favors allowing the pre-1972 retirees on the group plan. "I think it's a reasonable request. Why should a few people be penalized for circumstances beyond their control?" he said.

Deakin said the administration believes the 17 people who want to join are all of the surviving Manchester teachers who retired before 1972.

Their pensions aren't as generous as those of more recent retirees, "so they're in a little bit of a bind," he said. Deakin added that the free health insurance coverage the board now offers is "a very appreciated fringe benefit. It's probably the benefit they (teachers) talk about the most," he said.

GOP's newsletter idea gets partisan reviews

By Richard Cody
Herald Reporter

BOLTON — The Republican proposal to have the town publish a periodic newsletter received partisan reviews at the selectmen's meeting Tuesday, but the board postponed action on the matter until a later meeting.

The Republican Town Committee has asked that the town pay for a quarterly information newsletter, to let residents know what has happened and will be happening, and what they can do about it. Committee Chairman Lawrence A. Converse said at the meeting that the letter would

incite public interest in town government, and might provide town officials with more input at hearings and town meetings than is now given.

"If people know more about what they can and cannot do at a town meeting or hearing, they may show up," Converse said. But Democratic First Selectman Henry P. Byha said the board tried a newsletter in 1978, but not too many people were interested in picking it up. "We left stacks at the library and the local stores, but the stacks that we left were almost exactly the same size as when we came back a week later. This went on for three months," he said.

Converse said if people received them in the mail, they would probably read them more. He said a calendar of events would also be used as often as the school calendar is used by parents.

But Democratic Town Committee Chairman and Selectman Aloysius J. Aboarn said that though the idea of letting people know what is going on in town is good, the realities of the town's publishing a newsletter prohibit it. "It's not the business of town government to write a newsletter to the people. I have a problem spending taxpayers' money on such a thing. It's not a wise way to spend money," he said.

The economic and social problems contributing to the need for welfare. "Poverty" and the issues of medical care are rooted in national economic and social conditions," Heintz said in presenting his agency's budget request for the next fiscal year to the Legislature's Appropriations Committee. "It is inappropriate to expect states to solve problems that cut

State budget hearings begin; national money woes cited

HARTFORD (UPI) — Income Maintenance Commissioner Stephen B. Heintz says the federal government and national economic woes are to blame for increased welfare costs facing the state in the upcoming fiscal year. Heintz said Tuesday the Reagan administration improperly shifted the burden of welfare programs to state and local governments, which he said had no control over

the economic and social problems contributing to the need for welfare. "Poverty" and the issues of medical care are rooted in national economic and social conditions," Heintz said in presenting his agency's budget request for the next fiscal year to the Legislature's Appropriations Committee. "It is inappropriate to expect states to solve problems that cut

across state boundaries and are far beyond the control of state governments," the recently appointed welfare chief said. Heintz cited higher unemployment and other economic conditions as a factor in a \$34 million shortfall facing his agency this fiscal year and need for the \$88 million welfare budget proposed by O'Neill for the upcoming fiscal year, including a 19 percent jump

in requests for medical assistance, which he attributed partly to the economy. Heintz said O'Neill's welfare budget was "fair, reasonable and humane" and "strikes an appropriate balance between the needs of our state and the burdens on our taxpayers." In addition to hearing how O'Neill's proposed budget would

help people who are out of work and forced to turn to welfare, officials of two other agencies explained how the budget would help create jobs. Economic Development Commissioner John J. Carson said the governor's proposed budget for his agency would build on existing programs and take into account the need to plan for training workers in skills of the near future.

Official says police broke law with secret arrests

In a preliminary finding consistent with an earlier decision against the State Police, a Freedom of Information Commission hearing officer ruled this week that Manchester police broke the law in August when they kept secret the names of six suspects arrested on drug charges. Hearing officer Robert Leeney found in favor of the Journal Inquirer, which filed the complaint. He rejected the police argument that it was proper to keep the suspects' names secret because publicizing them could hinder their investigation. Leeney recommended that the full FOIC order the police to

release the names. However, he recommended against fining the State Police, as the Journal Inquirer had requested. The FOIC ruled last month that State Police illegally refused to disclose the names of three suspects arrested last May on drug-related charges. That complaint also was filed by the Journal Inquirer and in that instance, too, the remedy recommended was an order to release the names, not an imposition of fines. The town had argued that the release of names would prevent police from using the arrested suspects' as informants and might endanger the safety of the

suspects. However, Leeney noted that the police carried out a major drug sweep in October, even though the names of the arrested suspects had been public through court records. The hearing officer's report must go to the full commission for action. The commission accepted the hearing officer's recommendation to release the names, and the state declined to appeal. Manchester Town Attorney Kevin M. O'Brien has said he doesn't know yet what the town will do if the commission rules against the town.

Woman is sentenced

Tolland County Monday, 2:33 p.m. — Smoke in building, 21 Shady Lane, Coventry, (North and South Coventry and Bolton) Monday, 5:08 p.m. — Automobile accident, Routes 6 and 44, Bolton.

Monday in Manchester Deborah Pearl, of 649 Main St., was given a one-year suspended sentence

Swensson hits budget

State Rep. Elsie L. "Biz" Swensson, R-Manchester, called Democratic Gov. William A. O'Neill's proposed budget "inflationary" and pledged to oppose his proposals to extend the sales tax to children's clothes, gasoline and medical costs. Mrs. Swensson took her position — consistent with the Republican position in the State Police case and in the way the state spends money are needed — in a statement released Monday. Mrs. Swensson said gasoline, children's clothing and medical bills are "necessities," so she cannot support extending the sales tax to them. "The people are not happy," said Mrs. Swensson, saying she has received a number of phone calls from unhappy constituents in the last few days. Looking for an apartment? Check the many vacancies listed in the Classified each day.

Monday in Manchester Deborah Pearl, of 649 Main St., was given a one-year suspended sentence and fined \$515 on the one count. Police raided her apartment Dec. 20 on a warrant and arrested her.

Registration slated

The Registrars of Voters office has scheduled two voter-making sessions this week at the Marshall's Mall at the Manchester Parkade. Democratic Registrar Herbert J. Stevens announced. They will be Thursday from 6:30 to 8:30 p.m. and Saturday from 11:30 a.m. to 2:30 p.m. Both new registrations and changes in party

affiliation will be accepted. Cross-town registration for any Connecticut town and changes of address within Manchester also will be handled. This session is part of an ongoing voter registration drive.

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MISSES' BLOUSES: By Lady Arrow, Shapely and Gallord, 8-18. Reg. \$22-\$42. **10⁹⁹-20⁹⁹**
MISSES' DRESSES: Assorted colors, easy-care fabrics. Reg. \$28-\$40. **14⁹⁹**
JUNIORS' OXFORD SHIRTS: Pastel striped poly/cotton, 5-13. Reg. \$20. **10⁹⁹**
JUNIORS' SKIRTS: Wool blends, plaids and solids, 5-13. Reg. \$28-\$32. **9⁹⁹-16⁹⁹**
JUNIORS' TURTLENECKS: Cotton/poly, many colors, S-M-L. Reg. \$16. **11⁹⁷**
JUNIORS' SWEATERS: Shetlands and acrylics, S-M-L. Reg. \$25-\$28. **9⁹⁹-13⁹⁹**
JUNIORS' DRESS CLEARANCE: Career and dressy styles, 5-13. Reg. \$30-\$50. **14⁹⁹-24⁹⁹**
FLEEKES FOUNDATIONS: 3/4 longline bra, reg. \$15. Firm padded long panty, reg. \$14. Brief, reg. \$15. **7⁹⁷**
LADIES' LEATHER GLOVES: All with warm lining. Reg. \$24-\$33. **18⁹⁷-21⁹⁹**
FORMFIT ROGERS CAMISOLE: Tailored non-cling Antron III nylon. White or beige, reg. 11. **4⁹⁷**
NON-CLING FULL SLIPS: Styles in white or beige, reg. \$14. **9⁹⁷**
LADIES' WARM ROBES: Long robes in assorted styles and colors. **50% OFF**
LADIES' WARM GOWNS: Long flannel or brushed, reg. \$21-\$35. **14⁹⁷-27⁹⁹**
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MEN'S NEW SPRING SUITS, BLAZERS, SPORT COATS: **20% OFF**
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Tailored briefs, reg. 4.25 ea. Stretch lace waist brief, reg. 4.75 ea. Stretch lace trim hipster, reg. 4.50 ea. **3/8.50 3/9.50 3/9.90**
WARM KNITWEAR: Hats, gloves, mittens and scarves, reg. \$6-\$14. **2⁹⁹-6⁹⁹**
DIAMOND-CUT CHAINS: Gold-tone or silver-tone, 15" to 30" lengths bracelets. Reg. \$5-\$9. **2⁹⁷-5⁹⁷**
LEATHER CLUTCH BAGS: New spring shirred or top-stitched styles, reg. \$22. **15⁹⁷**
LEATHER HANDBAGS: Multi-compartment with double handle or shoulder strap. 6 colors, reg. \$40. **26⁹⁷**
MEN'S LINED JACKET: Quilt or knit-lined poly/cotton, S-M-L-XL. Reg. \$55-\$65. **27⁴⁷-32⁴⁷**
MEN'S PURITAN SWEATERS: 'Earl Vee' Orton, many colors. Reg. \$22. **15⁹⁷**
MEN'S SPORT SHIRTS/SWEATERS: Select group from Arrow, Puritan, Van Heusen and Mr. Man. Reg. \$14-\$28. **6⁹⁹-13⁹⁹**
MEN'S GOLF JACKETS: New spring jackets, tan, blue, navy, natural or maize. Sizes 38-46, reg. \$22. **15⁹⁷**
MEN'S WOOL SPORT COATS: Haggard, Farah, John Peel and J.S. Richards. (Only in Corbins Corner, Bristol, Manchester, Avon & Meriden) Reg. \$85-\$110. **49⁹⁹**
GIRLS' WINTER WEAR: Special group of dresses, jumpers, skirts, knit tops, pants, knickers, 7-14. Reg. \$10-\$35. **70% OFF**
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BOYS' WINTER WEAR: Billy-the-Kid brushed jeans, sweaters, Wrangler cords, knit shirts, 8-20. Reg. \$8-\$25. **50% OFF**
LITTLE BOYS' SPORTSWEAR: Corduroys, knit tops, sweaters, pants, 4-7. Reg. \$9-\$18. **50% OFF**
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OPINION

Budget: prelude to income tax?

Capitol Comments



Bob Conrad Syndicated Columnist

The critical battle of this 1983 legislature has finally begun...

The overriding issue, this year as in no other, is taxation. The governor, and probably legislators in their turn, make it so...

Not even the most dedicated advocates of an income tax... and they hold some of the most powerful positions in the legislature...

Last week, O'Neill made the assembly an offer he thought it couldn't refuse. His offer was a package of tax hikes and a sexy half-penny drop in the sales tax over 15 months...

Richard Scheller, co-author of the last great attempt at cutting — the media-warm but barely effective "hit list" in budgeting.

But there were questions Tuesday about who were the hostages — business forced into competitive disadvantage by giving advance notice of their plans or workers whose security vanished with as little as 15 minutes...

Richard Scheller, co-author of the last great attempt at cutting — the media-warm but barely effective "hit list" in budgeting.

There are two kinds of shot on the market — lead and steel. Some hunters prefer lead shot. They say it goes farther and truer, and doesn't chew up their gun barrels the way steel shot does.

Richard M. Diamond, Publisher Dan Fitts, Editor Alex Girault, City Editor



Jack Anderson Washington Merry-Go-Round

A report F&W tried to censor

WASHINGTON — Like Soviet historians who rewrite the past every time the Kremlin's political wind shifts, officials of the Interior Department have been trying desperately to eradicate all trace of a documentary film produced during the Carter administration.

Plant-closing hearing dispute: who is the 'hostage'?

HARTFORD (UPI) — A legislative proposal to require large employers to give advance notice of plant closings, relocations or large-scale layoffs has been dubbed a "hostage" bill.

But there were questions Tuesday about who were the hostages — business forced into competitive disadvantage by giving advance notice of their plans or workers whose security vanished with as little as 15 minutes...

notice they were out of a job. The views were aired during more than three hours of sometimes emotional testimony before the Legislature's Labor and Public Employees Committee.

CEIA represents 800 companies in the state, employing 700,000 workers. "Statutory prenotification will not save customers are reluctant to purchase from a company perceived to be going under and its most highly skilled workers look elsewhere."

At issue was a proposal defined as "a system of protections for the employer, employees and municipalities of the state in order to reduce the traumatic effects of plant closings, relocations and large layoffs."

Sponsors claimed it would "foster a vital and healthy climate for business and employment."

State choice: tandem trucks or road funds

HARTFORD (UPI) — A federal official says up to \$187 million in matching funds to repair and upgrade Connecticut highways could be tied up if the state delays in complying with regulations allowing tandem trucks on interstates.

Federal Highway Administration, testified at a special briefing Tuesday held by the Legislature's Transportation Committee, on the \$25 million dedicated fund proposed by Gov. William O'Neill in his \$3.57 billion budget.

Barakos said the \$187 million, possibly available by October, was based on a projection of \$28 million that would be raised for the dedicated fund by taking two cents from revenue to be extracted from a 7 percent sales tax on wholesale gasoline.

Barakos said the \$187 million reflected a \$50 million increase in reconstruction and repair funds for highways due to the new regulations imposing higher trucking fees that go into effect April 1.

Waste cost sharing urged

HARTFORD (UPI) — The cost of building waste recovery facilities across Connecticut should be shared by the state and local communities, municipal leaders have told lawmakers.

A legislative proposal before the Environment Committee was described Tuesday as a way to head off the growing specter of an overflow of garbage by 1986 when the state's eight current landfills are expected to be filled.

Supporters say the proposal could head off a pending waste disposal crisis that has been heightened by the failure of the Connecticut Resources Recovery Authority to deal effectively with the waste problem after 10 years of operation.

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In Manchester

Dangerous game in vacation week

Monday was a Valentine's Day one Manchester High School senior won't forget for a long time.

The senior, whose family has requested anonymity, was driving a delivery car for Northway Pharmacy when the car was pelted with snowballs.

The incident happened on Monday afternoon on Valley Road near the J.C. Penney warehouse.

The young woman managed to keep going. But, when she returned just a short time later, her car was again pelted with snowballs by the same group of kids.

She stopped her car, put her blinkers on, and started to get out of the car to scold the youngsters. Before she got out, though, her car was rammed from behind by another car.

She suffered neck injuries in the incident, and was hospitalized late Monday. Late Tuesday she was still hospitalized, in traction and in considerable pain.

The accident needn't have happened. An angry Vivian Farley called the Manchester Herald Tuesday to tell us about the incident.

Mrs. Farley, whose husband...

band owns the Northway Pharmacy, says earlier that day her own car was pelted by snowballs, too.

"I wish you'd remind parents to tell their children it's very dangerous to throw snowballs," she said.

It's not just dangerous. It's also against the law. Anyone who gets caught is subject to a fine up to \$500. If the vehicle is damaged or persons are injured, the penalty can be up to six months in jail.

Obviously, though, until there is a near tragedy — like the incident Monday — kids throwing snowballs are looked on as simply "kids being kids."

This simply isn't true. A young woman in traction at Manchester Memorial Hospital can attest to that.

This week is vacation week and that means the kids are out with their usual complaints about nothing to do. Some of them, obviously, would rather spend their time sitting on snowbanks pelting cars with snowballs than taking advantage of all the fine recreational facilities the town has to offer.

Surely, their parents can apply pressure in important places to let them know snowball throwing isn't cool.



"I MEAN IT...NEXT TIME I GO MAKE THE RAINBOW CALL AND YOU STAY WITH THE HOSTAGE."

Open forum / Readers' views

Send letters to: The Manchester Herald, Herald Square, Manchester, CT 06040

Appalling

To the Editor:

The following is the text of a letter I have sent to Mark Murphy, editor of the Hartford Courant.

I am appalled by the last two words in the first paragraph, page A2 of "People in the News," in the Monday Courant. This article refers to the Nazi war criminal Klaus Barbie, wherein he is quoted as follows: "If Germany had won the war, they wouldn't be bothering with my case now."

Continuing on, I quote from the end of this same article: "He also said that he has forgotten his past and the rest of the world should forget it, too. Right on." I object to the last two words, even as editorial comment in a signed column. If the column is syndicated, the comment should have been edited out.

Yes, if Nazi Germany had won the war, no one would be bothering Barbie. Nazi Germany would have annihilated every Jew in the world and Barbie would still be carrying out "his orders," as he puts it.

God knows what race of people might have chosen next for extinction. Barbie should be brought to trial like all the other criminals. We are not talking about deaths and maiming that

Appalling

occurred in the normal course of war. We are talking about cold-blooded atrocities and murder.

I must also comment that, if Nazi Germany had won the war, we would have no free press in which G. Terry Sechrist could so blithely comment.

So important to small town government is bipartisan participation that the Republican Party will conduct this election campaign on issues and programs constructed to encourage more dedicated service, not less.

Let it be noted that the Republican Party is not split on this issue nor on Bill Fehling's candidacy to the Board of Finance, which he won by a unanimous vote of both the Republican Town Committee and the Republican Caucus.

Lawrence A Converse III Chairman, Bolton Republican Town Committee

Appalling

It is also our experience that a campaign which openly and objectively addresses the honest differences in party philosophy concerning the town's needs and direction strengthens the town and the administration that follows.

Specifically, he is considering a plan to deliver the government's land and weather-satellite systems to commercial firms. The excuse is that this would cut down on the public funds that are now spent putting the information-gathering satellites up into space.

Unfortunately, it's not at all clear whether the government would wind up paying the private satellite operators more for the information it wants than it now spends to run its own satellites. And because the issue hasn't exactly caught fire in Capitol Hill, no definitive cost comparisons have been made.

One of the few members of Congress who has taken an active interest in the scheme is Rep. James Scheuer, D-N.Y.

PIE IN THE SKY: The love affair between President Reagan and corporate America is an open secret. Now he wants to turn over the weather to the big corporations.

Letters policy The Manchester Herald welcomes letters to the editor. Letters should be brief and to the point. They should be typed for neatly handwritten, and, for ease in editing, should be double-spaced.

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FOCUS / Food

Surviving Lent

Cheese fondue and mock pesto will see you through

By Susan Piese
Herald Reporter

It's Ash Wednesday, the beginning of Lent for millions the world over. If your family is like mine, then it's also the time of year to come up with some new meatless meals.

The following are some that go over big in our household. Probably tops with the kids is cheese fondue. We make it with mild cheese and beer instead of wine, and choose whole wheat bread and all kinds of fresh vegetables for dunkers. It's fun, and very nutritious.

Another favorite is pasta. A mock pesto sauce can be made with parsley leaves and fresh spinach whirled in the blender with olive oil, garlic clove, pignoli nuts and fresh ground pepper. Serve over a steaming bowl of quill-shaped penne pasta topped with a generous portion of grated Parmesan or romano cheese for extra protein punch.

PASTA PRIMAVERA is also a colorful and nutritious dish. The dish may be made with fresh rounds of zucchini, broccoli cuts, mushrooms, green peppers, or any colorful combination of fresh vegetables you have in your refrigerator. The vegetables may be steamed, then quickly warmed with a bit of cream and garlic, mixed with the pasta, and served with a topping of grated cheese.

Another favorite meatless meal in our house is spinach pie, a simple version of the Greek spinach pie made with phyllo dough.

A mixture of chopped spinach, creamed cottage cheese, eggs, feta cheese and lots of dill weed is turned into an unbaked pie shell and then baked for a quick and delicious meal. And — surprise — children love it, spinach and all.

A nice change-of-pace dish is cheese strata, and if you've never tried it, now is a good



HEARTY SOUPS CAN TAKE THE PLACE OF MEALS WITH MEAT ... potato chowder is a good bet for Lenten meals

time. To make strata, you simply layer thick slices of stale bread, cheese, onion, and an herb if you like, then pour over all a custard sauce of milk and eggs.

The whole dish is left for a few hours to mellow, and for the bread to absorb the liquid. When it is baked it will puff and brown beautifully.

SOUPS ARE ALWAYS welcome in the frosty days of February, and there are many meatless soups to consider for Lent.

Two favorites in our house are potato chowder, made with potatoes, onions, fennel seed and milk; and corn chowder, made with corn, curry, rosemary, onions, peppers and milk. Both are hearty and nutritious.

and can be complemented with warm fruit cobbler for dessert. Chili is another cold weather warmer. But have you ever tried making it without the meat? It's just as good made with crushed tomatoes, sautéed vegetables, raisins, olives, beans and lots of spices.

Served in deep bowls over rice, the chili makes a complete

meal. The protein in the beans complements the protein in the rice.

Spinach Pie

1 package frozen chopped spinach, thawed
1/2 cups creamed cottage cheese
3 eggs, beaten
4 ounces crumbled feta cheese
2 teaspoons dried dill weed

salt and pepper to taste
8-inch unbaked pie shell
Drain spinach well, and combine with all other ingredients. Pour into pie shell and bake at 375 degrees for 35 to 45 minutes, or until a knife inserted in center comes out clean. Cut into wedges and serve.

Cheese Strata

8 slices stale bread, crusts removed
6 ounces cheese, grated coarsely
2 eggs, beaten well
1/4 teaspoon paprika
1/4 teaspoon cayenne pepper
2 cups milk (do not use low fat)
1 tablespoon grated onion
1 tablespoon chopped parsley
Layer half the bread slices in a greased eight-inch baking dish. Cover with the cheese. Cover the cheese with the rest of the bread. Beat the eggs and add remaining ingredients. Pour over the bread and cheese. Refrigerate for several hours or overnight. Bake about one hour, or until puffed and brown.

Meatless Chili

2 28-ounce cans crushed tomatoes
1 large onion, chopped
1 large green pepper, chopped
2 ribs celery, chopped
1 large apple, peeled, cored and chopped
3 tablespoons olive oil
1/2 cup seedless raisins
1 cup halved black olives
1 15-ounce can red kidney beans
1 to 2 tablespoons chili powder, or to taste
1 teaspoon ground cinnamon
1/2 teaspoon ground cumin
1 to 1/2 teaspoon cayenne pepper
1/4 teaspoon allspice
boiled white or brown rice
Sauté onion, pepper, celery and apple in olive oil until wilted. Add the crushed tomatoes, and rest of ingredients. Simmer for about an hour or

Please turn to page 17



NANCY SECOR SAVES A BUNDLE WITH COUPONS ... Sycamore Lane resident spent \$9 for \$86.16

Couponer buys \$86.16 for \$9.02

By Adele Angle
Focus Editor

Imagine buying eight bags of groceries for less than \$10. "There's really no secret to it. It's just taking that little bit of time," says Nancy Secor of 77-C Sycamore Lane.

Recently Ms. Secor stuffed nine months' worth of coupons and free refunds into her pocketbook, and in two hours, and three stores bought an amazing \$86.16 worth of goods for \$9.02.

Orange Plus, Ivory liquid, Del-Monte pineapple juice, No Nonsense panty hose, two pounds of hamburger — her list of freebies and double coupon offers reads

amazingly like a family shopping list. MS. SECOR is a teacher at Computer Processing Institute and also works part time as a temporary office worker. And, on top of that, she takes computer classes at night, too.

"If I can do it, anybody can do it," she says, insisting she only spends half an hour on Saturday mornings getting her clippings file up to date.

She wasn't always a coupon clipper. It was her father, the late Irvin H. Secor, who got her started. "He first became interested in refunding in 1977 when he retired," she explains. "He did the food

shopping for our family and found a store down the street from us that offered triple coupons," she says.

She says her father collected coupons half for sport and half for the savings. "He always enjoyed the challenge of seeing how many bargains he could get," she says.

Ms. Secor's system isn't quite so complicated as her father's. She sorts coupons by category — cleaning goods, dairy products, meats, for instance — and she keeps another box for proofs of purchase and another for refund offers.

Please turn to page 17

Here's how she did it

Item	Original Price	Actual Price Paid	Item	Orig. Price	Price Paid
Free items			Rye bread	.89	.14
5 lb. Gold Medal Flour	1.15	Free	1 lb. Sausage	1.71	.21
2 lb. Gold Medal Flour	.63	Free	1 1/2 lbs. Green apples	1.25	.28
3-14 oz. cans Gravy Train	1.41	Free	2.06 lbs. Hamburger	3.28	.28
Dog food	.95	Free	2 lb. Buitoni macaroni	1.30	.30
One dozen eggs	.85	Free	3-1 Liter bottles Canada Dry	2.48	.48
Green Giant Entree	1.75	Free	1 lb. Stew beef	2.43	1.43
12 oz. Trix	1.79	Free	12 oz. Ivory Liquid	.69	.19
8 pack of 10 oz. Pepsi	2.69	Free	10 Hefly trash bags	1.65	.65
24 oz. French's Mustard	.83	Free	Meaty Bone dog biscuits	1.29	.79
2 paperback books	7.45	Free	15 oz. Delmonte tomato sauce	.53	.03
12 oz. Ritz Crackers	1.49	Free	15 oz. Delmonte tomato sauce	19.05	4.85
12 oz. Minute Maid lemonade	.79	Free	TOTAL:		
15 oz. Chef-Boy-A-Dee Ravioli	.89	Free			
Nestle's king-size Crunch Bar	1.99	Free			
6 oz. Listerine Mouthwash	1.39	Free			
16 oz. Realemon juice	.95	Free			
SaraLee Carrot Cake	1.99	Free			
25 lb. Kingford charcoal	5.49	Free			
28 count Hefly Odor Guard	1.99	Free			
Aunt Jermina Waffles	.95	Free			
20 count Dixie LaPlates	1.19	Free			
Maidenform Bra	10.00	Free			
Ultra Sense Panty Hose	2.49	Free			
NoNonsense Panty Hose	1.79	Free			
TOTAL:	51.14	Free			
Single coupons					
Item	Orig. Price	Price Paid	Item	Orig. Price	Price Paid
15 oz. Ragu Spaghetti Sauce	.99	.04	15 oz. Orville Reddenbacher Popcorn	1.25	.05
TOTAL:			TOTAL:	15.97	4.17

50¢ STORE COUPON

SAVE 50¢
on any size
Butcher's Blend



50¢

EXPIRATION DATE: MAY 31, 1983

SAVE 50¢
on meaty-tasting



Butcher's Blend
brand dog food

15¢ STORE COUPON

SAVE 15¢
on any two cans of
Bright Eyes, any variety.



15¢

50000 11751A

BRIGHT & SHINY
15¢ SAVINGS
ON BRIGHT EYES.



Gourmet cat food with extra vitamins, protein and essential oils to help give your cat sparkling bright eyes and a rich, shiny coat.

GIVE YOUR CAT THAT BRIGHT EYES LOOK.

THE FIRST SILVERPLATED BELL
Authorized by the Hummel Family
"Cherub's Gift"

NAME _____
ADDRESS _____
CITY _____
STATE _____
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THE NEW ENGLAND COLLECTOR'S SOCIETY
GREEN'S FARMS STATION
GREEN'S FARMS, CONNECTICUT 06436

THE FIRST SILVERPLATED BELL
Authorized by the Hummel Family
"Cherub's Gift"

REED & BARTON SILVERSMITHS

Each silverplated Bell is handcrafted and registered. The original set of four Bells was made in 1891 and is now in the collection of the Smithsonian Institution. The Bell is a symbol of good fortune and is a beautiful addition to any home.

Save 20¢ on New EASY-OFF
Instant Mildew Stain Remover.



20¢

Mr. Dealer: We will redeem this coupon for face value plus 7¢ handling provided you and your customers have complied with the terms of this offer. Any other conditions of sale, including but not limited to, the terms of any other coupon, are hereby rejected. This coupon is valid only for the purchase of EASY-OFF Instant Mildew Stain Remover. Cash value .120¢. Mail coupons to: EASY-OFF, P.O. Box 7027, El Paso, Texas 79973.

20¢

COUPON EXPIRES: August 15, 1983
© 1983 Boyle-Midway, New York

Now EASY-OFF
Instant Mildew Stain Remover has **POWER TO DEVOUR**



15¢ STORE COUPON

SAVE 15¢
ON ONE 10 1/2 OZ. CAN OF
SWANSON CHICKEN A LA KING



15¢

COUPON EXPIRES 2/28/84 51000 220072

SWANSON CHICKEN A LA KING

Swanson Chicken A La King is an important source of protein and niacin and contains less than 190 calories. Enjoy A La King over rice, noodles, toast points or create your own meal. So try Swanson Chicken A La King today and here is 15¢ to taste the savings.

Simply Delicious and Nutritious



15¢ STORE COUPON

SAVE 20¢
ON ANY SIZE
Golden Griddle syrup.



15¢

48001 105130

FREE PANCAKE MIX!
LOOK FOR THIS OFFER
ON DISPLAY AT YOUR STORE!

AND HERE'S 20¢ TO START YOU LOOKING.



15¢

Good on any size or flavor

Save 15¢ on Lite-line.

Great taste and 1/2 the calories of process cheese



15¢

53000 120765

FREE RECIPE BOOKLET

Lite-line.
AMERICA'S #1 PASTEURIZED PROCESS CHEESE PRODUCT

Now in a variety of flavors to please every taste... and all have 1/2 the calories



The First Miniature Porcelain Plate
Authorized by the Hummel Family

PLEASE ENTER MY ORDER FOR THE FIRST MINIATURE PORCELAIN PLATE AUTHORIZED BY THE HUMMEL FAMILY.

NAME _____
ADDRESS _____
CITY _____
STATE _____
ZIP _____

THE NEW ENGLAND COLLECTOR'S SOCIETY
GREEN'S FARMS STATION
GREEN'S FARMS, CONNECTICUT 06436

Cooking is easy with
Soft WISPRIDE
Cold Pack Cheese Food

EASY CHEDDAR SOUFFLE

1/4 cup butter
1/4 cup unsalted flour
1 tsp. salt
1/4 tsp. white pepper
1/4 tsp. nutmeg
1/4 cup milk

1/4 cup heavy cream
One 15-oz. pkg. Soft WISPRIDE Sharp Cheddar with Onion.
2 eggs, separated
5 eggs, separated

15¢ STORE COUPON

Save 15¢ towards your next purchase of
Soft Wispride
COLD PACK CHEESE FOOD



15¢


540261 OFFER EXPIRES JULY 31, 1983

Soft Wispride Sharp Cheddar or Mild Cheddar Flavors may be substituted.

Variation: Cheddar Spinach Souffle—Add one 10 oz. pkg. frozen chopped spinach which has been thawed and well drained to bowl along with rice.

DISCOUNT COUPONS

Cook healthier with the Quaker Oats Wholegrain Cookbook.



Quaker Oats is one of nature's most perfect foods. In Old Fashioned or Quick, Quaker Oats provides you and your family with natural fiber, wholegrain nutrition and more protein than any other grain.

SAVE \$2.95
redeem these coupons at any store selling these products

Save 15¢

Save 15¢ on Mary Kitchen
Roast Beef or Corned Beef Hash.



15¢

37600 300063

Quaker
Corn Bran

Kids don't know why they like it. But they like it.



10¢ STORE COUPON

10¢ OFF
ANY SIZE
QUAKER
QUICK OR OLD FASHIONED
OATS



10¢

5297 MEC

Wheatworth
STONE GROUND WHEAT CRACKERS

A taste worth trying.



20¢ STORE COUPON

20¢ OFF
Quaker
Corn Bran
Cereal



20¢

5308 MEC

Campbell's
MUSHROOM SOUPS
The Start of Something Good!

Remember, Campbell's Mushroom Soups Make Good Food Even Better!

Redeem this valuable coupon now



15¢ STORE COUPON

Light. Flavorful. Delicious!


Wheatworth
STONE GROUND WHEAT CRACKERS



15¢

44000 101917

There's nothing but good in grapefruit juice.



SAVE 20¢
and make it even better.

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SAVE 10¢
ON 2 CANS

Campbell's
Cream of Mushroom, Golden Mushroom, Creamy Chicken Mushroom, and Beefy Mushroom Soups



10¢

51000 120434

Save 20¢ on
Pipin' Hot Loaf
from Pillsbury.



20¢

20¢ STORE COUPON

Save 20¢

Milky Way
or 3 MUSKETEERS




20¢

40000 102349

20¢ STORE COUPON

SAVE 20¢
On any form of 100% pure
Grapefruit Juice from Florida.



20¢

75426 400109

15¢ STORE COUPON

SAVE 15¢
on any 15 oz. can of
Sparklers
SOLID AIR FRESHENERS



15¢

22000 101644

20¢ STORE COUPON - NO EXPIRATION DATE

Try Pillsbury's
Pipin' Hot Loaf
and save 20¢ too!



20¢

16 FEB 16

DOUBLE COUPONS

REDEEM MANUFACTURERS CENTS-OFF COUPONS FOR DOUBLE THEIR VALUE. SEE STORE FOR DETAILS. OFFER EXPIRES FEB. 19TH, 1983.

ALL STORES OPEN
MONDAY FEBRUARY 21ST
WASHINGTON'S BIRTHDAY
(PLEASE CHECK LOCAL STORE FOR EXACT HOURS)

Lamb Sale

Whole Lamb
OR SIDE HALF
Fresh Genuine American 1.79 lb. Custom Cut To Order

FRESH GENUINE AMERICAN
Whole Oven Ready Leg-O-Lamb 1.89 lb.
FRESH GENUINE AMERICAN
Lamb Chops-Shoulder Blade 3.69 (10-oz. pkg.)
FRESH GENUINE AMERICAN
Lamb Chops-Rib 3.99 (10-oz. pkg.)
Kahn's Braunschweiger 99¢ (1-lb. pkg.)
HILLSHIRE FARMS (BEEF 2.49 LB.)
Polska Kielbasa 2.29 (1-lb. pkg.)

Treesweet Orange Juice
FROZEN
12-oz. can 89¢
Lenten Frozen Favorites

LaPizzeria Cheese Pizza 1.99 (15-oz. pkg.)

A&P Broccoli Spears 2.10 (10-oz. pkg.)

A&P Spinach 3.89 (10-oz. pkg.)

"STUFFER'S MAIN DISH ENTREES"

STUFFER'S
Macaroni & Cheese 99¢ (12-oz. pkg.)
STUFFER'S
Tuna Noodle 1.15 (11-oz. pkg.)
STUFFER'S
Cheese Stuffed Shells 1.49 (9-oz. pkg.)

Pillsbury GOOD BUYS

ASSORTED VARIETIES
Pillsbury Cake Mixes 69¢ (18-oz. pkg.)

PILLSBURY-ASSORTED VARIETIES
Ready To Spread Frosting 1.29 (16-oz. pkg.)

ASSORTED VARIETIES
Pillsbury Quick Bread Mix 1.29 (14-oz. pkg.)

THOMAS' ENGLISH MUFFINS
Thomas' English Muffins 1.79 (12 ct. pkg.)

COMSTOCK CHERRY PIE FILLING
Comstock Cherry Pie Filling 1.19 (21-oz. can)

PIE CRUST MIX
Pie Crust Mix 59¢ (11-oz. pkg.)

Whole Top Rounds
BEEF ROUND BONELESS-16 TO 20 LBS.
1.89 lb. Custom Cut

Assorted Pork Chops
PORK LOIN-EQUAL AMOUNTS OF CENTER CUT BLADE END & SIRLOIN END CHOPS
1.59 lb.

Pork Roasts
PORK LOIN-BLADE-RIB PORTION
1.29 lb.

Whole Oven Ready Leg-O-Lamb 1.89 lb.
Boneless Top Round Roasts 1.99 lb.
Pork Chops Rib-Center Cut 1.89 lb.
Sirloin Portion Pork Roasts 1.49 lb.
Chicken Legs 89¢ (5-lb. pkg. or more)

Lenten Seafoods

FRESH FISH AVAILABLE WED. THRU SAT. CENTER SLICED

Fresh Cod Steaks 1.99 lb.
Fresh Pollock Fillets 1.99 lb.
Fresh Smelts 1.59 lb.
A&P Breaded Fish Sticks 1.29 (14-oz. pkg.)
A&P Fish Portions 2.19 (24-oz. pkg.)
A&P Crispy Shrimp 1.49 (6-oz. pkg.)

LENTEN FAVORITE

Fresh Perch Fillets 2.49 lb.
Fresh Cod Fillets 2.59 lb.
Fresh Haddock Fillets 3.49 lb.
Taste-O-Sea Fish Dinners 89¢ (9-oz. pkg.)
QUICK FROZEN FISH FILLETS 15-OZ. 1.89
Mrs. Paul's Fish Sticks 1.59 (12-oz. pkg.)
QUICK FROZEN-HOWARD JOHNSON'S Haddock AuGratin 1.89 (10-oz. pkg.)

Hood Swiss Style Yogurt
3 89¢ (8-oz. conts.)

Hood Orange Juice 1.79 (3 quart plastic jug)

A&P Butter 1.69 (1-lb. pkg.)

Sealtest Cottage Cheese 89¢ (10-oz. cont.)

Soft Imperial Margarine 79¢ (2-oz. cont.)

Dannon Yogurt 1.29 (23-oz. cont.)

Kraft Casino Mild Swiss 1.79 (10-oz. bar)

THE FARM
For Freshness & Savings

Fresh Mushrooms
NUTRITIOUS-HEALTHFUL
12-oz. carton 99¢

California Sweet Seedless Jumbo Size (56's) Navel Oranges 5.00 (56 ct. box)

Diamond Walnuts 3.29 (1-lb. bag)

Pampers Diapers 7.99 (Ex-Abolished 60 ct. holder 84 ct.)

Baggies Food Storage Bags 1.59 (78 ct. bag)

Lestoil Liquid Cleaner 1.09 (15-oz. bot.)

Fresh Service Fish Dept.

Fresh Cut Scrod Fillets 2.69 lb.
Fresh Norwegian Salmon Steaks 5.99 lb.
Fresh Dressed Lake Smelts 1.59 lb.
Fresh Monkfish Fillets 2.89 (12-oz. lb.)
Fresh Soft Shell Steamer Clams 1.49 lb.
Fancy Shrimp-Medium Size 6.99 lb.

LENTEN FAVORITES

HELLMANN'S
Tartar Sauce 79¢ (8-oz. jar)

PACKED IN WATER
A&P Solid White Tuna 99¢ (7-oz. can)

KRAFT
Velveta Slices 2.29 (16-oz. pkg.)

KRAFT DELUXE
Macaroni & Cheese 89¢ (14-oz. can)

NEW ENGLAND
Snow's Clam Chowder 89¢ (15-oz. can)

SUNSHINE
Hi Ho Crackers 1.09 (12-oz. box)

Large Italian Bread 59¢ each

Imported French Brie 3.49 lb.

Bar-B-Qued Whole Chickens 99¢ lb.

Cooked Ham 2.59 lb.

IN STORE BAKERY

FRESH BAKED
Onion Rolls 6 for 79¢

CHOCOLATE FROSTED
8 Inch Cherry Pie each 1.99

ASSORTED VARIETIES
Fresh Baked Muffins 6 for 1.29

CHEESE SHOP

Vermont Cheddar 2.99 lb.
Hot Pepper Cheese Land O' Lakes 2.79 lb.
Danish Harvarti 2.99 lb.

HOT FOODS

Snack Pack 1.69 each
B-B-Q Beef on a Roll 1.39 each
Macaroni & Cheese 1.79 lb.

DELI SHOP

Imported Swiss Cheese 3.39 lb.
German Bologna Hand Sliced 1.39 lb.
1st Prize Liverwurst Mother Goose 2.29 lb.

CALDOR SHOPPING PLAZA BARR CORNERS, MANCHESTER

PRESIDENTS' DAY SALE

Sale of Sales!

... FIND GREAT BUYS ON NEW & USED CARS

NOTICES

Lost and Found
HEALTHY looking for progressive real estate agency. Call 645-1591, ask for Tony Wasilefsky, D.W. Fish, for confidential interview.

FOUND - SET OF KEYS
at Lincoln Center. Can be picked up at the Manchester Herald Office between 8:30 and 5 p.m. Monday - Friday.

LOST - Boys 20-inch BMX bicycle, blue, with white handlebars and seat, with pads. Norman St. area. Reward. If found, please call 643-4735.

FOUND - Beautiful, fluffy grey female cat, vicinity Bowers School, Manchester. Call 646-1032.

IMPOUNDED: Part Maltese male, black and beige, Part Maltese female, black and white. Call Andover Dog Warden, 745-7194.

Announcements
RUSSELLS BARBER SHOP, corner Oak and Spruce. Open 4 p.m. Tuesday - Friday. All day every Saturday.

Auctions
Auctions 5

MANCHESTER NEW CAR DEALERS

SALE

Now through Feb. 21st.

Come choose from over 2000 new and used cars. Find super deals, super savings at this super President's Birthday sale, sponsored by your Manchester Auto Dealers. Don't miss it!

And choose from 36 different brand name gifts - gifts for you, gifts for your home - with every new or used car purchase during this great annual event.

We must sell **1000** new & used cars by Feb. 21st

We'll do it by **VOLUME SALES** And **VOLUME PRICES!**

PUBLIC AUCTION

In this collection of over 125 hand-woven rugs are some of the finest examples of modern rug weaving from Persia, Pakistan, Mainland China, Afghanistan and Kashmir.

These are true investment carpets. Come in and see the finest in Persian and other oriental rugs. All carpets are unconditionally guaranteed and we provide you with a written certificate of appraisal and authenticity.

SUNDAY, FEBRUARY 20 at 2 P.M.
THE COLONY - Vernon, CT (Exit 85 off I-93)
Public Inspection 1:00 P.M.

Just arrived from European markets large number of exquisite Persian rugs in sizes ranging from 12'x18' to scatter rugs including large number of silks and long runners.

These are true investment carpets. Come in and see the finest in Persian and other oriental rugs. All carpets are unconditionally guaranteed and we provide you with a written certificate of appraisal and authenticity.

AUCTIONEER: Joel Shapiro 617-482-8884

FINISH CARPENTER to do interior renovation work. Call 646-0484.

WATRESS WANTED Fridays 2-8 p.m. for February, March and April. Telephone 648-8637.

TYPIST-RECEPTIONIST - International distributor in Vernon has immediate opening for full time experienced person to handle all phases of front office including phones, invoicing, typing and telex. Much diversification in busy atmosphere. Preparation of export shipping documentation and telex experience helpful. Hours 8:30 - 5:30. 871-0401.

RN OR LPN - Charge Nurse position 7-3. Every other weekend. Please call Mrs. Helen Adams at Meadows Manor, 647-4191.

SMILE AND DIAL FOR AAA AUTO CLUB

Manchester Office
301 Broad St.
Manchester, Ct.

Put your personality to work for you and make part of your day pay as a permanent part of your life. You can get the most from your telephone sales rep for AAA. Mon. thru Fri. mornings 9am - 1pm. Excellent earnings, profit share, great company. Experience preferred. Call 821-7220 for interview appointment.

For Oldsmobiles!
BOB RILEY OLDS INC.
345 Center Street, Manchester

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MANCHESTER PLYMOUTH, INC.
Tolland Tpke., Rt. 83, Talcottville

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DILLON SALES & SERVICE, INC.
319 Main Street, Manchester

For Lincoln-Mercury-Mazda-Scouts!
MORIARTY BROTHERS
301 Center Street, Manchester

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LYNCH MOTORS
500 West Center Street, Manchester

For Datsun!
DE CORMIER DATSUN
285 Broad Street, Manchester

For Chevrolet!
CARTER CHEVROLET CO., INC.
1229 Main Street, Manchester

For Buick!
CHARTER OAK BUICK, INC.
81 Adams Street, Manchester

MANCHESTER AUTOMOBILE DEALERS ASSOCIATION

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